

### M 13a Classical Dance 3

#### **Training**

Further development and consolidation of acquired elements and movement coordination emphasizing the individual talents and the artistic presentation of material. Series of turns in grand poses with different starting points and an extended form of the Adagio will be taught. Battu technique will become more complex and jumps in dance combinations with faster tempi are added. The focus is on quality of movement and musicality.

#### **Technique Lab**

In this course students will work on detailed research of specific steps in ballet. Shifts of balance, directions in the body and the articulation of each individual step will be analyzed and taught in order to achieve a maximum understanding and clarity.

#### **Pas de Deux**

Elements of classical and neo-classical partnering such as supported poses, balance and off-balance, turns, lifts and their co-ordination between the partners are becoming more complex. Students will work on classical and neo-classical repertoire for example by Petipa, Balanchine and Forsythe.

#### **Variations**

In this course special features of styles in the presentation of classical and neo-classical repertoire will be taught. Special focus is laid on the virtuosity which will be individually and artistically related to the students.

#### **Training for men**

Training for men 3 is a continuation of course 2. Technique for turns in grand poses and pirouettes in series will be perfected and the technique of the battu will be refined. The range of big jumps with a focus on volume of movement and attack will be broadened.

#### **Point work (for women)**

Further development of M7 e.g. by grande sissone ouverte in all directions and poses in motion, grand fotté en tournant, grand tour dehors/ dedans, combinations with turns in diagonal and in circles with complex movement combinations as well as hops on one leg.